



What

International Exchange

“ERASMUS HERITAGE VOLUNTEERS and LEADERS, Give everyone access to Heritage”

05 - 19 August 2019

We invited 4 countries (Croatia, Malta, England and France) to meet in the international exchange in Nanteuil en Vallée, France

Goal and purposes of the exchange

This exchange is part of a bigger European project designed to enhance the awareness of the european heritage value among young people. It will take place in **the mill of Nanteuil-en-Vallée, which is a small picturesque village with stone houses and timber**. The buildings, the church and the landscape around are in themselves a great heritage and offer an ideal environment for the topic of our encounter (the abbey church, washing the arboretum, streams and rivers that run throughout the village and invite you to beautiful walks). The main objective of the exchange is to bring young participants to discover and experience new competences through heritage, crafts and traditional skills. Often unknown from the general audience, heritage jobs and crafts offer opportunities of social insertion thanks to tourism, cultural and local development, sustainable and eco construction. The group of participants and their leaders will think and work on cultural heritage related topics and restoration skills such as traditional masonry, stone cutting under the guidance of local professionals. Most of the activities will be based on a historical building: workshops and visits related to heritage will be an opportunity to improve our local project of restoration of the priory. With this international meeting, we would like to introduce to new learners, students or job seekers, the crafts that exists in the field of restoration. At the same time the exchange will be a chance for many of them to experience an international team with all what happens in terms of daily life management and interculturality. Different activities will be organised with the participants in order to know more about the heritage, its preservations, its know-hows...

The goal we want to reach during the exchange is through art and workshops will try to support intercultural dialogue and solve relevant youth's problems. It will focus on workshops allowing the improvement of the sites, but will also be based on discussions aiming at raising awareness on the European values through heritage, some practical restoration activities, and the use of a participative facilitation toolkit on the diversity of heritage named "OUR HERITAGE".

The project will help to support sense of team work and tolerance, encourage positive communication and self-expression, and develop responsibility and public spirit. During the exchange you will have opportunities to improve you're:

- leadership skills
- planning

- cooperation skills
- restoration skills such as traditional masonry
- communication skills
- organisation skills
- understanding your own personal working style
- flexibility
- working in international groups
- ability to access and use your own potential

We will empower **you to**:

- Be an inspiring leader; that is to inspire others to go into action by being an example.
- Create results beyond your imagination.
- Work in an international, intercultural team.
- Work out of excellence; through taking risks and correcting mistakes.
- Work by the 'learning by experience' method – that is to reflect on one's actions and act out of these reflections.
- To put this into practice 'back home'.



When

Dates of the exchange

Arrival day:	5 th August 2019 whole day
Start of the program:	6 th August 2019 at 10:00
End of the program:	18 th August 2019 at 23:00
Departure day:	19 th August 2019 before 11:00 a.m.



Who

Countries involved in the project and their contact person are:

- **France** (Tatjana Fourmy, varvara1965@mail.ru , + 33 6 35 22 27 44)
- **Malta**
- **Croatia** (Julia Bakota Švenčbir, julia@dragodid.org, +385 92 165 2392)
- **England** (Alex Melson, alex.melson@waterways.org.uk, 01494 783 453)

Participants: 6 participants from each country
Participants should be:

- After the age of 18 years old.
- Able to work in simple English or French
- Willing to actively participate during the **whole** exchange.



Accommodation

The exchange will take place in **the mill of Nanteuil-en-Vallée** <http://www.map-france.com/Nanteuil-en-Vallee-16700/> **Participants sleep in tents!**



How to get there

Better to go to **Paris or Bordeaux or Limoges** by plane, after to take a train to **Angouleme** (about 3-4 hours from Paris to arrive in Angouleme), where **we pick up all of you together by bus** and will go to Nanteuil en Vallée (41 km from Angouleme).



First of all, we ask you to **keep all your tickets, boarding passes and receipts (originals)**. ONLY if you have the travel tickets, boarding passes and receipts we are able to reimburse your travel costs, see the table:

Country:	Max. Refund
Malta	€1650,- (€275,- per participant)
Croatia	€1650,- (€275,- per participant)
England	€1650,- (€275,- per participant)
Fance	€1080,- (€180,- per participant)

The reason for this is that we only get money for your travel cost from the Erasmus+ Program, if we can prove that you have really traveled. This we do by showing your travel documents (tickets, boarding passes, invoices).

If we don't have your documents, we won't be able to reimburse your travel cost. There is a **participation fee - 30 euro** from each participant.



Practical information

What to bring

- ID card or passport
- Take care that you have the European Card Insurance (if you don't know about it, ask the contact person how to get it) <http://ec.europa.eu/social/main.jsp?catId=653&langId=en>



- or any other insurance
- Basic medical products
- Personal toiletries and towel
- Comfortable shoes and clothes
- Swimming suit
- Sun protection
- Flashlight
- Protection against mosquitoes
- Sleeping bag. **Participants sleep in tents**
- Some materials to present your organisation
- Presentation about **Heritage activities** in your country
- On the program there is an “**intercultural evening**”, so you are free to bring some small specialty from your area (finger food, drinks), CD with music typical for your country, quiz about your country, pictures, map, etc.) and the **flag** of your country
- Last, but not least: good mood 😊

Furthermore, there will be time to play games together, so please feel free to bring **games of any kind** to share and play with everybody.

If you have **Special needs** (diets, medicine), please inform us! And, tell us beforehand if you need any assistance from us in this matter.



Contact information

If you have questions, something is not clear or you want to know more contact **Tatjana** on following e-mail address: varvara1965@mail.ru and phone number: + 33 6 35 22 27 44

She will be glad to help you ☺